

If you get stuck, don't forget to give me a ring or drop me an email on:

Aggie Maxwell

Grow Up Green

07815975326

[aggie@growupgreen.co.uk](mailto:aggie@growupgreen.co.uk)

You can order most of the products in your kit from [www.growupgreen.co.uk/shop](http://www.growupgreen.co.uk/shop)  
Ask your agent for a discount code for 10% off your first order.



Nappy Guide



## Tots Bots Easyfit/Star



Birth to potty

Available in a wide range of colours and patterns

UK made

Bamboo core that pulls out like a tongue for drying, no boosters

All in one, so change the whole nappy everytime

Cost ~~£15~~-£17 depending on colour and design

Notes:

## Washing Instructions

There is no need to soak your nappies.

When you change a nappy, put it in the bucket, if using flushable liners, put it down the loo.

When the bucket is full, remove the nappy net and put the whole lot in your washing machine.

Do a cold rinse.

Fill your machine with anything that will take a hot wash (I stick towels, baby gros, cotton tees etc in)

Use a full dose of your usual detergent (non-bio powder is best)

Wash at 60degrees (this will kill any bugs ).

Line dry if possible, but most nappies can be tumble dried if necessary. (Sunlight is the best thing for getting any staining out!)

## Getting Started

Here's what you will need to use cloth full time:

20-25 nappies

4-5 wraps if using a 2 part system

A bucket

Liners (fleece or flushable)

Other useful things:

Washable wipes (save £200 on the cost of disposable ones!)

Bucket liner so you don't have to touch your dirty nappies again to put them in the wash

Wet bag to bring dirty nappies home when out and about

Nappy sanitiser to keep your nappies sparkling clean

A pack of terry squares (useful as spare nappies, for nappy free time, as sick cloths etc...)

## Bum Genius Freetime



All in one

Birth to potty

Fold out microfiber absorbency you can fold to your requirements

Available in a range of plain colours and a few prints

Change whole nappy each time

Quick drying

Cost £17 (some discounts on larger purchases)

Notes:

## Bum Genius V4



Pocket nappy

Birth to potty

Comes with 2 microfiber inserts, one long one that can be adjusted in length and one short one

Available in a range of plain colours

Change whole nappy each time

Quick drying

Cost £17 (some discounts on larger purchases)

## Waterproof covers



There are 5 waterproof covers in the kit—2 naturebabies classic (1 Velcro, 1 poppers), (birth to potty), 1 Flip cover and 2 Totsbots.

The Naturebabies ones are available in a range of colours and prints.

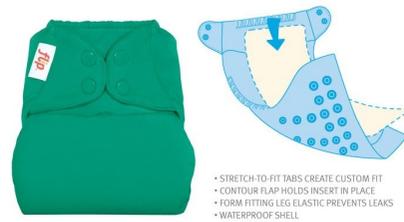
Do not feel you need to match brands with the wraps and nappies. Any of the wraps will fit any of the nappies.

Please do not tumble dry wraps.

Price from £8.95

Notes

## Flip



Flat nappy

A sheet of organic cotton, fold to fit the wrap.

Put in a waterproof cover

Birth to potty

Change only inner pad each time

Price—Cover £10.99, Inserts £15 for 3. Biodegradable, disposable inserts also available

Notes

## Wonderoo V2



Pocket nappy

Birth to potty

Comes with 2 inserts—1 that is a microfiber pad, the other a fold out sheet of bamboo

Available in a range of colours and prints in PUL and minky (the fluffy one!)

Change whole nappy each time

Not available at Grow Up Green at present, buy from Wonderoo direct

## Gro Via



Snap in pad in waterproof cover

Birth to potty

Just wash the pad if the wrap isn't soiled

Available in a range of colours and prints

Choice of inserts of Organic Cotton or Staydry (cotton hemp blend, with microfiber top sheet), or no prep (entirely microfiber and quick drying), or biodegradable disposable inserts

Only need 1 outer to 4 or so inners

Price ~~£12~~ for outer, £15.00 for 2 inners

## Prefold



Flat nappy

Padded cotton

Fold in three to make a pad

Put in a waterproof cover

Sized

Change only inner pad each time

Price ~~£9~~ for pack of 6

Notes

Terry



square

Flat nappy

Various folds

Can be sized, but a medium sized one will fit most babies

Needs a waterproof cover

Just change inner nappy

Price—£15 for 12

Notes:

Tots Bots Peenut



2 snap in bamboo pads choose how much you add depending on how wet your baby gets

Birth to potty, although you can get smaller wrap if needed

Just wash the pad if the wrap isn't soiled

Available in a range of colours and prints

Only need 1 outer to 4 or so inners

Price—

From £15.99 for pack of wrap + 2 inserts, Just a wrap from £10.99 and £6.99 for 2 inners

## Motherease Onesize



Cotton terry

Birth to potty

Needs a waterproof cover

Available in organic cotton and bamboo

Price-£8.50

Notes

## Totsbots Bamboozle Stretch



Fitted nappy

Sized-size 1 fits from 5lbs to 15lbs, size 2 fits from 9lbs to potty( if not starting with cloth immediately, then size 2's can be used as birth to potty)

Made of bamboo with pop-out booster

Needs a waterproof cover

Available in natural colour or 3 bright stripy colours

Change only inner nappy each time

Price-£10.99

Notes

## Diddy Diaper



Fitted nappy

Size ~~size~~ 1 to 16lb

Made of cotton terry, with a cotton jersey inner

Needs a waterproof cover

Available in nappy nippa fastening or velcro

Change only inner nappy each time

Price ~~from~~ £5.50

Notes

## Big



Shaped nappy

Birth to potty

Terry pocket with 2 inserts

Needs a waterproof cover

Just change the nappy, not the cover unless the cover is soiled

Price - £8.99

Notes:

## Softee